<u>ACTIVITY 1</u> STORYTELLING JAR

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Telling stories has been a family activity through the centuries. Unleash your imagination and make up some fantastical tales. Start with some scraps of paper. Each suggest/write down some random words, such as cat, dragon, friend, sandcastle, pirate, forest, happy, scared, stormy, build, climb, ice cream, red, monster, dark, gold, wet – anything you like. Then put them in an empty jar, box or bowl. Each take a few words from the jar and use them to create an exciting story. Older children can write it down and draw pictures to go with it.



DAUBENEY CHILDREN'S CENTRE WEEKLY ACTIVITY IDEAS SHEET

NUMBER TWO

Daubeney Children's Centre

ACTIVITY 2 PAPER AEROPLANES

Paper aeroplanes are lots of fun. There are many different ways to make them. Experiment with your own designs and see who can make the fastest or highest flying plane. If you have coloured pens or stickers you can decorate them.



ACTIVITY 3 GROWING

Try a growing activity that doesn't require a garden. Take the top off a carrot and put it on wet cotton wool/tissue in a saucer or the lid of a jar, put it in a sunny place and watch it grow. Have a race to see who will grow the tallest plant! It's a good way to get older children measuring and talking about what plants need to grow.



ACTIVITY 4 **BOX PLAY**

Get all the empty boxes, tins, jars, lids cardboard tubes, yoghurt pots, plastic tubs you can find and start to build. Is it a helpful robot? A slithering snake? A fairy castle? A pirate ship? See what you can create. You don't need to stick it together – use it and remake it into something else. You can add in other items from around the house, like socks, buttons, tinfoil and pebbles to extend your ideas.





ACTIVITY 5 DAILY WALK

We all need exercise and fresh air. Make sure you are taking a daily walk with your family. Use the time to spot squirrels, count trees, collect leaves or find colours all around you. How many buses can you count? How many silver cars can you find? Talk about the weather, or what you can see, using lots of descriptive language. Make it a device free time - no phones or technology, just conversation.



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