

# Children & Family Hubs

London Fields & Shoreditch Park

**Activity Timetable**      **Date:** April to July 2024

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Ann Tayler Children &amp; Family Hub</b></p> <p>1-13 Triangle Road E8 3RP T. 020 7275 6020</p> <p>Temporary site for all highlighted play drop-in activities:</p> <p>Frampton Park Pre-school Playgroup</p> <p>35 Frampton Park Rd E9 7PQ</p>	<p><b>Play Drop-in**</b> 0 - 5 years 10:00am – 11:45am</p> <p>0-5 years 1:30pm – 4:00pm *</p> <p><b>Steps into Music</b> 0 – 18mths 10:00am – 10:30am</p> <p>2 – 5 years 10:45am – 11:15am</p> <p>0 – 5 years 11:30am – 12:00pm</p> <p><b>First Steps</b> 9:00am - 5:00pm</p> 	<p><b>Play Drop-in**</b> 0 - 5 years 10:00am – 11:45am</p> <p>0-5 years 1:30pm – 4:00pm *</p> <p><b>Baby Yoga</b> Booking required 10:00am – 12:00pm</p> <p><b>Tiny Toes Drop-In (0-6 months)</b> 1:00pm – 2:30pm</p> <p><b>Toy Library at Hackney Central Library</b> 10.00 – 11.45am</p> 	<p><b>Baby Massage</b> Booking required 10:00am – 12:00pm</p> <p><b>Rollers and Crawlers Drop-In</b> 0-1 years 10:30am – 12:00pm and 1:30pm – 3:00pm</p> <p><b>Welcome to your Centre</b> <i>Last Wednesday of every other month</i> <i>By appointment</i> 11.00am – 12.30pm</p> 	<p><b>Play Drop-in**</b> 0-5 years 1:30pm – 4:00pm</p> <p><b>Child Health Clinic</b> 9:30am – 12:00pm <i>Booking only. Call: 020 7683 2634</i></p> <p><b>Registered Childminders Drop-in</b> 0-5years 10:00am – 11:45am</p> <p><b>First Steps</b> 9:00am – 5:00pm</p> <p><b>Starting Solids</b> 3rd Thursday of the month 1:00pm – 3:00pm</p> 	<p><b>Toy Library and Stay &amp; Play Drop-In</b> 0-5 years 10:00am – 11:45am</p> <p><b>8/27 Months Developmental Checks</b> 9:30am – 4:00pm</p> 

# Children & Family Hubs

## Activities & Support

### Citizens Advice

For support, advice, information on wellbeing, welfare and benefits.

**Ann Tayler Children & Family Hub** on 2nd, 3rd, and 4th Wednesdays, *10:00am - 2:00pm*. Call to book.

### Antenatal & Postnatal Clinic

Monday, Tuesday, Wednesday and Friday from *8:30am - 5:00pm*.



**Peer Support in Pregnancy** - Tuesdays AM only

### Childcare

For more information on childcare vacancies contact: **Ann Tayler Children & Family Hub** on **020 7275 6020** or at [ataylercjh@hackney.gov.uk](mailto:ataylercjh@hackney.gov.uk)

You can also find out if you are eligible for **FREE** fifteen hours childcare for 2 year olds and 30 Hours Childcare for 3 & 4 year olds.

For more information go to [education.hackney.gov.uk](http://education.hackney.gov.uk)

### Adult Learning

- **ESOL** - Mondays & Wednesday 9.30am - 3.00pm
- **Sewing** - Wednesday 1pm - 3pm
- **Job Club** - Every 2nd & 4th Wednesdays

For more information call **020 7275 6020**.

### Talking Walk-In initial assessment

If you are concerned about your child's speech, language or communication, you can attend a Talking Walk-In Initial Assessment. Every 2nd Monday of each month

Email: [hello@get-hackney-talking.local](mailto:hello@get-hackney-talking.local)  
or call: **020 7683 4262** for more information.

Appointment only.

### Upcoming-

07/06/2024 - **First Aid for Parents with babies under 5 months** 12.30pm – 2.30pm

21/06/2024 - **First Aid for Parents** 12.30 – 2.30pm

**Booking only - limited spaces**



### Family Support

If you would like support with family life, finances and other issues, speak to the Family Support Service.

They can provide one-to-one support or direct you to where you can access relevant support, alternatively you can attend their surgery on Thursdays 1.30pm - 3.00pm

Please call Family Support Monday-Friday, 9am - 5pm at **Ann Tayler Children & Family Hub**.



### Healthy Start Vitamins

**FREE** vitamins for pregnant women, new mums and children under four.

You can collect Healthy Start Vitamins Monday-Friday, 9am - 5pm at reception.



Please scan for direction to our temporary venue for stay and Play activities only